

PATIENT INFORMATION DISCLOSURE INSTRUCTIONS

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's office instead of the individual's home. Patients may alter their preferences by submitting a new form at any time.

I wish to be contacted in the following manner (*check all that apply*):

Home Telephone: _____

Cell Phone: _____

OK to leave message with detailed information

OK to leave message with detailed information

Leave message with call-back number only

Leave message with call-back number only

Work Telephone: _____

OK to leave message with detailed information

Leave message with call-back number only

I allow you to release information including details regarding my diagnosis, treatment, and clinical history, or to answer questions from the following individuals (check all that apply and write in name and phone number of individual):

Spouse: _____

Therapist: _____

Parent: _____

Primary Care Provider: _____

Child: _____

Other: _____

None

We use your e-mail address to create an account for you on our patient portal systems where you will be able to access your medical records, pay your bill on-line, and receive appointment reminders.

Access our patient portal system via the following website: patientonlineportal.com

*** After receiving this form, a staff member will send an invite to the email address provided. Please follow the steps to set up your account. If you have any questions or concerns, please contact the office.

Email address: _____

Please choose from the following options:

I agree to receive e-mails from Martha St. John, MD, PA with appointment confirmations and notifications of bills

Do not send me email reminders. Only set up an account allowing me access to my medical record and secure messaging with Dr. St. John.

Signature

Date